#### BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT 580 Erial Road, Blackwood, New Jersey (856) 227-4106 Fax (856) 227-6835

www.bhprsd.org

Where inspiring excellence is our standard and student achievement is the result.

### <u>Culinary Arts & Hospitality Careers Course Syllabus</u> Full Year Course

#### **2020-2021 Syllabus**

**Supervisor: Jennifer Gramble** 

**Curriculum Revision Writers: Linda Moore & Stephanie Wakefield** 

#### **Course Description**

This course involves both theory and actual hands on lab and work experience. The program includes an industry-driven curriculum to teach, test and prepare students to take and pass the National Restaurant Association ServSafe Food Handler Achievement Test. This state-driven and industry-backed curriculum is based on the knowledge that high school students need to be successful in the multi-faceted foodservice and hospitality industries. This curriculum enriches, enhances, and reinforces opportunities to develop and practice skills critical to their future success. Students will have opportunities to learn and practice important skills related to leadership and responsibility. These skill sets serve as a foundation to professional, trained, and educated employees. It is a school-to-career path for high school students interested in the restaurant, foodservice and hospitality industry.

#### **Student Resources:**

- 1. ServSafe® Food Handler Guide 6<sup>th</sup> edition.
- 2. Students will be provided with access to the specified Google Classroom for Culinary Arts.

#### Materials/Attire:

The student will need the following items:

- Pocket Folder
- 2. Index Cards
- 3. Pen or Pencil
- 4. Close-toed, non-skid bottom shoes. No high-heeled or open-toed shoes or with any mesh on them will be allowed in the kitchen.
- 5. BHPRSD will provide aprons and head coverings.
- 6. BHPRSD issued Chromebook

#### **Grading:**

The percentage breakdown for assignment categories is as follows:

- Classwork/Homework = 30%. This includes in-class assignments, class participation, exit tickets, warm-ups and worksheets.
- Labs = 40%. This includes all practical applications and demonstrations of culinary skills.
- Unit Tests/Projects = 30%. Each marking period will conclude with a written unit test on covered material and/or a project that allows the student to demonstrate their understanding of the topics covered.

Labs: Students will work together in kitchen teams. Teams will be assigned to a prep table in the production area and be required to perform various tasks. Labs are evaluated on attire (see above), mise en place, sanitation, teamwork, participation and product results. Team members not performing their job duties will have point deductions from their lab grade. THERE WILL BE NO ELECTRONIC DEVICES IN THE PREP AREA.

**Attendance:** Attendance is crucial, however, due to school activities, general illness and appointments, students will have to miss class. Students will have an opportunity to make up any missed in-class assignments for full credit, due before the end of the marking period in which the absence occurred. All work to be made up is the responsibility of the student.

**Missed labs:** Students will receive an "Exempt" grade for up to two labs per marking period for excused personal or school related absences. The third and any additional absence, excused or otherwise must be made up during the marking period, for full points, by completing the Missed Lab Assignment which will be posted on Google Classroom.

**Chromebooks:** In accordance with district policy and the effort to reduce the use of natural resources, nearly all assignments will be conducted on the Google Classroom platform and other online assessment resources. Therefore, it is **VITAL** that students come to class with a fully charged Chromebook. Students will not be able to charge their Chromebooks during class.

**Illness or Injury:** In the event of an injury or sudden illness, notify the instructor immediately so appropriate arrangements can be made. Any student who is visibly ill or potentially viral will be prohibited from participating in food labs. Make up assignments will be provided.

**Safety and Sanitation:** Food safety and kitchen sanitation are the paramount skills of the foodservice industry. Culinary Arts' students will strictly adhere to all safety and sanitation protocols in the lab and classroom. At no time is a student to handle or operate a piece of equipment unless they are fully trained in its use.

#### **CULINARY ARTS & HOSPITALITY CAREERS**

#### MISSION STATE OF THE BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT:

The mission of the Black Horse Pike Regional School District is to educate a diverse population in an atmosphere consistent with the ideals of a free and democratic society. We are committed to an exemplary educational program, based upon the New Jersey Student Learning Standards as adopted by the State Board of Education. It is the expectation of this district that all pupils achieve the New Jersey Student Learning Standards, NJ Common Core Standards and Next Generation Science Standards, at all levels. We will continue to improve students' and teachers' technological literacy as a means of preparing for the future with confidence and creativity. Our schools will ensure the safety and security of all students and strive to provide the best learning environment. We will enhance our students' growth by providing them with a creative, purposeful, and ethical atmosphere. We are dedicated to providing our students an opportunity to achieve academic goals, develop good citizenship skills, and make a positive contribution to society.

#### VISION STATEMENT OF THE BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT:

The Black Horse Pike Regional School District is a community of lifelong learners nurturing the development of critical thinkers and involved citizens prepared to lead fulfilling lives in a changing world.

#### **COURSE OVERVIEW AND UNITS:**

#### **Course overview**

The Culinary Arts and Hospitality Career program includes classroom and hands-on experiences that will prepare students for employment or continuing education in the foodservice industry. It is a school-to-career path for high school students interested in the restaurant, foodservice and hospitality industry. Coupled with relevant work-based experiences, this curriculum enriches, enhances, and reinforces what students learn in the classroom and provides students with opportunities to develop and practice skills critical to their future success.

By integrating classroom learning with job experiences, this course provides students with opportunities to learn and practice important skills related to leadership and responsibility. These skill sets serve as a foundation to professional, trained, and educated employees.

#### UNIT 1: Welcome to the Food and Hospitality Industry/Professionalism/Kitchen Basics (5 weeks)

This unit introduces students to the largest industry in the world—the hospitality industry. Students learn the skills necessary to be successful in the Food and Hospitality Industry. It includes an overview of industry segments, career opportunities, hospitality service, marketing, related allied fields, and human relations. Emphasizes the responsibilities, professional behavior and ethics required for success. Students will also review the kitchen basics learned from the previous Creative Foods and Nutrition class, i.e. food safety habits, how to measure properly, reading a recipe and knife skills.

#### **UNIT 2: Keeping Foods Safe/Workplace Safety (6 weeks)**

This unit will introduce the laws and principles for governing safe food service, from purchasing, receiving, preparing, serving, and storing to re-heating food products. Students will focus on workplace safety and the skills required to keep a business running. This unit prepares students to take and pass the ServSafe® Food Handler Achievement test with a minimum of 80% accuracy.

#### UNIT 3: Understanding and Reading a Standard Recipe/Culinary Math (6 weeks)

This unit introduces a standard recipe and how to read, understand, follow, and write them. Students will demonstrate a working knowledge of key math concepts related to culinary arts. Topics will include calculating yield percent, determining portion costs, periodic food costs, selling price determinations, weights and measures, changing recipe yields, and converting between metric and U.S.

#### UNIT 4: Kitchen Essentials – Cooking Methods & Equipment (6 weeks)

This unit introduces the principles, skills, and techniques associated with the culinary arts, involving various cooking methods including classic and modern techniques. Identification of various kitchen staples, food products, and equipment used within the commercial food operation. Students will prepare recipes,

utilizing standardized recipes for all recipes. Students will also learn garde manger skills along with egg cookery, salads and sandwiches. Students will continue to use basic sanitation and safety techniques in the kitchen.

#### Unit 5: Management Essentials 1 & 2/Career Preparation Standards (6 weeks)

This unit introduces the culinary skills in quantity food preparation through operation of a student-run, mock restaurant. This includes kitchen and dining room organization and operations, menu development and design, management of service and culinary personnel, service standards, serving the general public, and banquet/catering management.

This unit also introduces the students to the proper ways of applying for and interviewing for a job. They will learn interview techniques for both back of the house and front of the house operations, hospitality career opportunities, and customer service. Students will develop skills to address customer issues within the restaurant, lodging, tourism and travel industry.

#### Unit 6: Food and Culture/Desserts and Baked Goods (6 weeks)

This unit introduces a global perspective of the symbolic, social, political, and economic roles of foods in different cultures; examines geographical and historical conditions which give rise to regional cuisines. Lectures, demonstrations, and hands-on participation, reveal ways in which institutions and organizations influence food habits and beliefs. Students will also participate in procedures for preparing baked goods, pastries, and desserts. This promotes the understanding of baking formulas in bakeshop production planning and ability to produce high-quality items through the development of manual skills. Stresses the use of equipment and supplies in a safe and sanitary manner.

Grading Policy	Resources
Participation: 30% - Class Activities/Assignments/Quizzes – At least 2 grades per week	<ol> <li>ServSafe® Food Handler Guide – 6<sup>th</sup> edition.</li> <li>National Restaurant Association Educational Foundation, Pearson (teacher resource).</li> </ol>
Labs: 40% - At least 2 grade per week  Major & Minor Assessments: 30% - Summative/Performance/Assessment/Quizzes – At least 2 grades per Marking Period.	<ol> <li>Professional Cooking, by Wayne Gisslen (teacher resource).</li> <li>Hospitality Services, Food &amp; Lodging, by Johnny Sue Reynolds (teacher resource).</li> <li>Google Classroom and Shared Drives</li> <li>USDA.gov</li> <li>National Restaurant Association: <a href="https://www.restaurant.org/home">https://www.restaurant.org/home</a></li> <li>Centers for Disease Control and Prevention: https://www.cdc.gov/foodsafety/foodborne-germs.html</li> </ol>

Course: Culinary Arts and Hospitality Careers

Unit 1: Welcome to the Food Industry/Professionalism/Kitchen Basics

	Essential Questions Enduring Understandings		
EQ1:     a.     b.     c.  EQ2:     a.     b.	What is Culinary Arts? What is the Hospitality industry? What are the two categories of career opportunities in the foodservice business? What are the types of characteristics of lodging operation? What types of business make up the travel and tourism industry? How does the lodging industry relate to the foodservice and hospitality industry?		Food Preparation, cooking, and presentation of food is an art form called Culinary Arts.  Services that people use when away from home, including lodging and dining but not transportation make up the hospitality industry.  Career Opportunities are divided into Front-of-the-house (FOH) and Back-of-the-house (BOH).  Lodging properties can be classified by the level of service provided and include Luxury properties, Full-service properties, mid-priced facilities, and economy lodging.  The combination of all the services that people need and will pay for when they are away from home, Transportation and Hospitality Services make up the Travel and Tourism industry. Can be for recreational, leisure, or business purposes.  Lodging and foodservice are segments of the hospitality industry. When travelers require lodging, they may interact with foodservice at their hotel, restaurants, or retail establishments.
EQ3: a. b.	What does it mean to be professional? What skills are required for the entry-level jobs in this field?		Professionalism is being courteous, honest, and responsible in your dealings with customers and co-workers.  The entry level jobs in the restaurant and foodservice industry include jobs such as host/hostess,
EQ4: a. b.	How do you know what equipment or utensil to use? What kitchen and knife safety skills are required in a kitchen? How does preparing your workstation, prior to preparing a recipe, lead to success (mise en place)?	EQ4: a. b. c.	busser, assistant cook, server, expediter, and dishwasher.  Certain tools and equipment are needed for specific tasks.  Kitchen and knife safety practices are skills that will keep individuals safe at home, school & work.  Mise en place literally translates in French for "to put in place". Mise en place is important because it helps the chef execute a dish in a more timely manner and helps to avoid time management problems and loss of ingredient value.

	Unit 1 - Skills			
	Learning Target		NJSLS	
EQ1:		EQ 1:		
a.	Students will understand that food preparation is an art form known as Culinary Arts,	a.	HOSP.9-12.9.4.12.I.35 – Describe the nature and types of business organizations to build an understanding of the scope of organizations.	
b.	industries in the American economy.	b.	TECH.8.1.12.E.CS2 - Locate, organize, analyze, evaluate, synthesize, and ethically use information from a variety of sources and media.	
C.	Students will be able to identify the variety of industry segments and careers available in the food service and hospitality industry.	C.	TECH.8.1.12.E.1 - Produce a position statement about a real world problem by developing a systematic plan of investigation with peers and experts	
EQ2:	Students will be able to describe the difference in the four types of lodging properties.	EQ2:	synthesizing information from multiple sources.  HOSP.9-12.9.4.12.I.38 – Identify and compare services and products from	
b.		u.	related industries to understand how they affect hospitality and tourism products and services.	
c.	Students will be able to understand how the food service, hospitality, and lodging industries are intertwined.	b.	CRP.K-12 .CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them.	
EQ3:		EQ3:		
a.	Students will identify the characteristics of what it means to be a professional in the workforce.	a. b.	CRP.K-12.CRP1 - Act as a responsible and contributing citizen and employee.  HE.K-12.2.1.E.1 - Being consistently aware of the environment and taking	
b.	Students will be able to demonstrate the essential skills for an entry level position in the foodservice, hospitality or lodging industries.	c.	safety precautions can reduce the risk of injury to oneself and others.  CAEP.9.2.12.C3 - Identify transferable career skills and design alternate	
EQ4:			career plans.	
a.	Students will select the appropriate measuring tools and kitchen equipment for recipe preparation.	EQ4: a.	LA.RST.11-12.3 – Follow precisely a complex multistep procedure when	
b.	Students will be able to demonstrate their knowledge of kitchen food and kitchen safety as well as basic food preparation skills.		carrying out experiments, taking measurements or performing technical tasks; analyze the specific results based on explanations in the text.	
C.	Students will practice mise en place.	b.	HOSP.9-12.9.4.12.I.(1).8 – Demonstrate knowledge of safety and sanitation procedures used in this industry and apply these procedures to maintain safe environments; and, HPE.2.1.12.D.1 - Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.	
		c.	CRP.K-12.CRP2 - Apply appropriate academic and technical skills.	

	In-class Activities, Assignments and Labs	Minor Reflection Assessments	Summative Reflection Assessment
Student	s will engage in the following Activities to explore content as it relates	<ol> <li>Class discussions</li> </ol>	1. Practical test –
EQ1:		2. Culinary journal	Knife Cut
a.	Students will write a brief paper on the discovery or advancement that they consider to be the most	3. Vocabulary Quiz	demonstration
	important to the foodservice or hospitality industry in the last 100 years, then justify their selection.	4. Teacher Observations	2. Professionalism
b.	Students will research the impact of Covid-19 on the foodservice and hospitality industries and write a	5. Exit Tickets	poster.
	brief news report to include this information as well as suggestions for doing business in the post-Covid-19 environment.		3. Unit Test
EQ2:			
a.	Students will write a reflection of a vacation taken or a dream vacation.		
b.	Students will work in groups of 2 or 3 to imagine they are traveling for business. As a hotel guest, what		
	needs might they have as a business traveler as compared to a leisure traveler? What about food-		
	service? What might be important to them as a business traveler? Students will create an ad for a hotel		
	to target the business traveler.		
EQ3:			
a.	Students will research the segments of the hospitality industry and will create a poster, skit, or rap to represent what it means to be a professional.		
b.	Students will prepare and plate a dessert of restaurant quality.		
c.	First Impressions activity: Show students images of different service or retail industry employees		
	(positive & negative examples) and ask them to interpret their body language cues. What might		
	customers think of their own body language? Source: <a href="https://www.weareteachers.com/teach-customer-">https://www.weareteachers.com/teach-customer-</a>		
	service/?utm source=MDR WAT&utm medium=Email&utm campaign=NRF 2005 ART		
EQ4:			
a.	Students will demonstrate mise en place, recipe preparation steps, as well proper measuring techniques		
	& food and kitchen safety.		
b.	Knife skill practice: small dice, mince, chiffonade.		
c.	Ongoing food labs, demonstrating kitchen and food safety.		

# Course: Culinary Arts and Hospitality Careers Unit 2: Keeping Foods Safe/Workplace Safety/ServSafe® Food Handler Training

Essential Questions	Enduring Understandings
EQ1:  a. What is my role in a foodservice operation as relates to food safety?  b. What are the costs associated with foodborne illnesses, in addition to the human illness and suffering cost?  EQ2:  a. Why is employee awareness about on-the-job safety critical to operational well-being?  b. Why would it be important to have a federal agency responsible to enforce safety-related standards and regulations in the workforce?  c. How does a professional achievement certificate open doors for job opportunities?	<ul> <li>EQ1:</li> <li>a. Food Safety involves many factors, not just kitchen design &amp; food purchasing. As a food service worker, I am responsible for my personal hygiene, cleaning and sanitizing properly, proper food preparation, cooking and serving to protect myself and others.</li> <li>b. Food safety is not only a public health concern, a foodborne illness outbreak costs a restaurant its reputation and the operation could incur thousands of dollars and might even force an operation to close, in addition to whom it</li> </ul>

	Unit 2 - Skills			
	Learning Target		NJSLS	
EQ1:		EQ1:		
a.	Students demonstrate proper personal hygiene, cleaning and sanitizing; knowledge of food receiving, storing, preparing and serving food at the proper temperature.	a.	HOSP.9-12.9.4.12.I(1).8 – Demonstrate knowledge of safety and sanitation procedures used in this industry and apply these procedures to maintain safe environments.	
b.	Students will be able to describe the extent of the costs associated with foodborne illnesses or an outbreak.	b.	CRP.K-12.CRP8 - Utilize critical thinking to make sense of problems and persevere in solving them and	
EQ2:		EQ2:		
a.	Students will identify potential kitchen hazards (i.e., proper lifting techniques, fire safety, and demonstrate common sense prevention.	a.	CRP.K-12.CRP1 - Act as a responsible and contributing citizen and employee and HPE.2.1.12.D1 - Determine the causes and outcomes of intentional and	
b.	Students will understand the role of OSHA in overseeing all workplace health and safety issues.		unintentional injuries in adolescents and young adults and propose prevention strategies.	
C.	By the end of the unit, students will take the ServSafe® Food Handler exam and achieve a minimum of 80% accuracy.	b.	CAEP.9.2.12.C7 - Examine the professional, legal, and ethical responsibilities for both employers and employees in the global workplace.	
		C.	HOSP.9-12.9.4.12.I.(1).10 – Research and compare career opportunities and qualifications to broaden awareness of careers available in the industry.	

In-class Activities/Assignments	Minor Reflection Assessments	Summative Reflection Assessment
Students will engage in the following Activities to explore content as it relates  EQ1 & 2:  1. ServSafe®, "What did I do wrong?" activity.  2. Weekly cooking labs, demonstrating kitchen and food safety.  3. Students will write descriptions of food borne pathogens, causes and symptoms.  4. Students will calibrate their food thermometers.  5. Students will create food labels for food stored in the fridge/freezer.	<ol> <li>ServSafe® Food Handler, Before You Come to Work Quiz.</li> <li>ServSafe®, Providing Safe Food Quiz</li> <li>ServSafe®, Forms of Contamination Quiz</li> <li>ServSafe®, The Safe Food Handler Quiz</li> <li>ServSafe®, The Flow of Food Quiz</li> <li>ServSafe®, Purchasing, Receiving &amp; Storage Quiz</li> <li>ServSafe®, Food Preparation Quiz</li> <li>ServSafe®, Food Service Quiz</li> <li>ServSafe®, Food Safety Management Systems Quiz</li> <li>ServSafe®, Safe Facilities &amp; Pest Management Quiz</li> <li>ServSafe®, Cleaning &amp; Management Quiz</li> <li>Class discussions</li> </ol>	<ol> <li>ServSafe® Food Handler Review Quiz</li> <li>ServSafe® Food Handler Exam</li> </ol>

6.	Students will write daily kitchen safety observations and	13. Culinary journal	
	reports.	14. Teacher Observations	
7.	Students will research a policy or regulation regarding	15. Exit Tickets	
	workplace health and safety issues and write a one page		
	essay about the policy - what is states, who it affects, and		
	how it might affect their own current or future		
	employment.		

### Course: Culinary Arts and Hospitality Careers

### Unit 3: Understanding and Reading a Standard Recipe/Measuring/Culinary Math

	Essential Questions		Enduring Understandings
EQ1:		EQ1:	
a.	What are some possible outcomes if a recipe is not followed?	a.	A recipe is a set of instructions that allows the user to prepare a dish
b.	How do I interpret the recipe to understand cooking techniques and		correctly and consistently each time.
	equipment required to execute the recipe successfully?	b.	Understanding food preparation terms aids in successful preparation of the
c.	What are the components and functions of a standard recipe?		recipe. Certain tools and equipment, measurements and techniques are
EQ2:			needed for specific tasks.
a.	In what ways can incorrect measuring practices affect a recipe?	C.	The components of a standardized recipe include: name, ingredients listed in
			the order in which they are used, yield, portion size, cooking temperature,
EQ3:	WI 1 1 1 1 1 2 1 2		time, equipment, step-by step directions and nutrition information. The
a.	Why do you need math for culinary arts?		function of a standardized recipe is to follow a format that is clear to anyone
b.	When is it appropriate to convert recipes to yield smaller and larger		who uses it.
	quantities?	EQ2:	
C.	What are AP and EP and how do you calculate them?	a.	Using the appropriate measuring tool and method when preparing
			ingredients will ensure accuracy and reduce waste.
		EQ3:	
		a.	Costing recipes and converting them for various yields is important in a career in the food service industry.
		b.	Accurate measurement and calculation of modifications is essential to food production.
		c.	As Purchased (AP) is an item before it has been trimmed or portioned. Edible
			Portion (EP) is the amount of the item which is edible, smaller than the AP
			and understanding the difference between the two is important so that
			enough of each ingredient can be purchased for a recipe.

	Unit 3 - Skills			
	Learning Target		NJSLS	
EQ1:     a.     b.     c.  EQ2:     a.     b.     c.     d.  EQ3:     a.     b.     c.		- Skills  EQ1:     a.     b.     c.     d.  EQ3:     a.	HOSP.9-12.9.4.12.I.8 – Select and employ appropriate reading and communication strategies to learn and use technical concepts and vocabulary in practice.  CRP.K-12.CRP2.1 – Act as a responsible and contributing citizen and employee  LA.RST.11-12.3 - Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks; analyze the specific results based on explanations in the text.  HOSP.9-12.9.4.12.I.11 – Evaluate and use information resources to accomplish specific tasks.  LA.RST.11-12.4 - Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 11-12 texts and topics.  CRP.K-12.CRP2 - Apply appropriate academic and technical skills.  MA.7.RP.A.1 - Compute unit rates associated with ratios of fractions, including ratios of lengths, areas, and other quantities measured in like or different units	
			MA.7.NS.A - Apply and extend previous understandings of operations with fractions to add, subtract, multiply, and divide rational numbers.  MA.7.RP.A-2 - Recognize and represent proportional relationships between quantities and CRP.K-12.CRP2 - Apply appropriate academic and technical skills.	
		C.	TECH8.1.12.F.CS3 – Collect and analyze data to identify solutions and/or make informed decisions.	

In-class Activities/Assignments	Minor Reflection Assessments	Summative Reflection Assessment
Students will engage in the following Activities to	1. Culinary Journal	Performance evaluation/Lab – demonstrate
explore content as it relates	2. Class discussions	mise en place, measuring techniques, kitchen
EQ1:	3. Culinary journal	and food safety while preparing a recipe.
a. Break down the 6 parts of a recipe	4. Teacher Observations	2. End of Unit Exam
b. The Cookie Evaluation – compare contrast	5. Exit Tickets	
results of following the recipe vs. adding wrong		
ingredients.		
EQ2:		
a. The Cookie Evaluation – compare/contrast		
results of measuring ingredients correctly vs.		
incorrectly.		
b. Units of measurement equivalency mini		
posters.		
c. Equivalent measurements mini-posters.		
EQ3:		
a. Convert a recipe to adjust yield using		
conversion factor.		
b. Worksheets for kitchen math – percentages,		
e.g. discount off a food bill.		
c. Sample menu food cost activity.		
d. Edible Portion (EP) vs. As Purchased (AP)		
activity – students weigh a variety of fruits and		
vegetables and calculate cost of waste.		

# Course: Culinary Arts and Hospitality Careers Unit 4: Kitchen Essentials – Cooking Methods and Equipment

		Francisco Hadaretas din sa		
	Essential Questions		Enduring Understandings	
EQ1:		EQ1:		
a	How does success or failure in the kitchen depend on a chef's mise en	a.	Mise en place is a way to keep the kitchen organized. There is too much work	
	place skills?		to do in a commercial kitchen to leave everything to the last minute.	
b	. How do different cooking methods affect the texture and flavor of foods?	b.	Understanding and applying different cooking methods and techniques (i.e.,	
C.	How do different cooking methods affect the nutritional content of		dry-heat, moist-heat and combination-heat) is necessary to get desired	
	foods?		texture, taste, flavor, and aroma.	
d	. Why are seasonings and flavorings used in food preparation?	C.	Knowledge of the different cooking methods produce different outcomes of	
е	What is the difference between flavoring and seasoning?		nutrition, e.g. braising vs. roasting vs. grilling vs. baking.	
EQ2:		d.	Seasoning and flavorings are a healthy way to enhance food products.	
а	What are some differences between foodservice equipment in a	e.	Seasonings are usually added near the end of the cooking period Flavoring	
	commercial kitchen vs. a home kitchen?		refers to something that changes or modifies the original flavor of the food.	
b	. What smallwares will you use to prepare basic recipes?			
C.	What food-preparation equipment, other than smallwares are required	EQ2:		
	for preparing basic recipes? How do the different pieces of food-	a.	Commercial food operations require different equipment from a home	
	preparation equipment affect the final outcome of the food prepared?		kitchen to perform the same job in the kitchen.	
d	. Why is using and cleaning the equipment as intended important?	b.	There is a variety of small equipment necessary to properly prepare recipes	
е	What is the difference between equipment needed for receiving and	c.	Using the right tool for the job will allow for success with the recipe and in the	
	storing food supplies; preparing foods; and for holding and serving foods		kitchen.	
	and beverages?	d.	Proper use and care of kitchen equipment and tools will extend the life and	
EQ3:			use of the equipment.	
a.	How does heat transferred to food through conduction, convection,	e.	There are a variety of ways to store food properly for specific purposes.	
	induction, and radiation affect the outcome of food?	EQ3:		
b.	What are the seven basic cooking methods?	a.	A commercial or home kitchen may have a variety of equipment that heats	
c.	How do you clean and sanitize equipment and tools? Who do you call to fix		food differently, for example stove top (gas or electric), oven, induction top,	
	them?		and microwave.	
d.	How do you determine when the food is done?	b.	There are certain cooking methods that will work and be the best process for	
			that specific food.	

	<ul> <li>c. Having a workable, clean and sanitized equipment will prevent anyone from getting sick and making sure they work will ensure the business runs smoothly.</li> <li>d. A chef/cook will cook food correctly by knowing the temperature danger zone.</li> </ul>
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Unit 4 - Skills			
Learning Target	NJSLS		
<ul> <li>EQ1: <ul> <li>a. Students will understand the importance of mise en place: assembling tools and ingredients and preparing ingredients and equipment ahead of time.</li> <li>b. Students will know the basic cooking methods.</li> <li>c. Students will be able to choose the correct cooking method based on recipe ingredients and requirements.</li> <li>d. Students will interpret a recipe according to methods described.</li> <li>e. Students will know how to use seasonings and flavorings appropriately in recipe preparation.</li> </ul> </li> <li>EQ2: <ul> <li>a. Students will be able to identify, use, clean and store commercial kitchen equipment.</li> <li>b. Students will be able to identify, use, clean and store home kitchen equipment.</li> <li>c. Students will be able to choose from a variety of equipment to prepare a recipe.</li> </ul> </li> <li>EQ3: <ul> <li>a. Students will know how heat is transferred to food based on the equipment used.</li> </ul> </li> <li>EQ4: <ul> <li>a. Students will be able to describe the 5 basic tastes.</li> </ul> </li> </ul>	<ul> <li>EQ1, EQ2, EQ3, EQ4:</li> <li>a. HOSP.9-12.9.4.12.1.11 – Evaluate and use information resources to accomplish specific occupational tasks.</li> <li>b. LA.RST.11-12.3 – Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks; analyze the specific results based on explanations in the text.</li> <li>c. CRP.K-12.CRP2 – Apply appropriate academic and technical skills.</li> <li>d. TECH.8.1.12.C.CS1 - Interact, collaborate, and publish with peers, experts, or others by employing a variety of digital environments and media.</li> </ul>		

	In-class Activities/Assignments		Minor Reflection	Sun	nmative Reflection Assessment
			Assessments		
Studen	ts will engage in the following Activities to explore content as it	1.	Culinary Journal	1.	Performance evaluation/Lab –
relates		2.	Teacher Observation		demonstrate mise en place, measuring
		3.	Class Participation		techniques, kitchen and food safety while
EQ1:		4.	Lab Evaluations		preparing a recipe
a.	Students will create a poster illustrating the steps in the process of	5.	Exit Slips	2.	Unit test.
	mise en place.	6.	Discussions		
b.	Students will prepare a variety of recipes demonstrating their mise				
	en place skills, understanding of basic cooking methods and their				
	knowledge of using flavorings and seasonings appropriately.				
EQ2:					
a.	Students will first observe and then demonstrate the use of small				
	appliances in food preparation.				
b.	Students will use various small appliances to complete lab assignments.				
c.	Competition games: Divide the class into teams then compete as to				
	which team can guess the name and use of the small appliance,				
	kitchen tool, equipment, cooking methods.				
EQ3:					
a.	in groups, students will perform research on one of the heat				
	transfer methods, write a brief explanation, illustrate the type of				
	equipment, then present their findings to the class.				
EQ4:					
a.	Students will participate in a taste test of food led by the teacher.				
	Students will taste 5 different flavors and be able to dictate what it				
	is.				

# Course: Culinary Arts and Hospitality Careers Unit 5: Career Planning Essentials/Restaurant Management/Menu Planning

Essential Questions	Enduring Understandings
EQ1:  a. What's the difference between school and workplace environment b. How can someone get a job in that field?  c. What are the benefits of diversity to a workplace?  d. What is a harassment free environment and mutually respect workplace?  EQ2:  a. What does it mean to be a manager in the food industry?  b. What is motivation and what role will the manager play in memployees?  c. What is teamwork?  EQ4:  a. What are the benefits of training?  b. What are the benefits to cross-training?  EQ5:  a. What are some key considerations when it comes to menu pand purchasing? How is a menu constructed?	EQ1:  a. Teachers are like employers and students like employees, yet in the work environment, there is more at risk, based on performance.  b. The preparation of food involves the real life application of skills learned in math, science and social studies classrooms.  c. Employees with different backgrounds have different talents to contribute, creating a positive work environment.  d. When complaints are handled appropriately and all employees are respected, the work environment is enjoyable and employees feel respected.  EQ2:  a. Management is the ability to inspire and motivate employees to behave in accordance with the vision of an organization and to accomplish the organization's goals. Good leaders demonstrate direction, they lead consistently, influence others, motivate, coach and develop, anticipate change, and foster teamwork. Each job, career, and profession has a set of preparation requirements, career exploration experiences, and different opportunities for personal/professional growth and
	a. Training improves the skill, knowledge, and attitude of employees for their jobs.

<ul> <li>b. Cross-training is where an employee knows more than one position in the kitchen, they know all of them. Effective cross-training is essential to the productive functioning of an operation.</li> </ul>
EQ5:  a. Knowing how much food costs, time it takes to make the food and a theme will help in creating a menu that will make money for the restaurant.

	Unit 5 - Skills				
	Learning Target	NJSLS			
EQ1: a. b. c.	Students will understand that unlike their performance at school, their performance as an employee can have more serious consequences. Students will investigate career choices in the food service or hospitality industry. Students will understand that in a diverse environment, people must learn to value and respect each other, regardless of their differences. Students will be able to identify harassment in the workplace.	<ul> <li>EQ1, EQ2, EQ4, &amp; EQ5:</li> <li>a. LA.WHST.1112.4 - Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</li> <li>b. TECH.8.1.12.E.CS2 - Locate, organize, analyze, evaluate, synthesize, and ethically use information from a variety of sources and media.</li> <li>c. CRP.K-12.CRP9 - Model integrity, ethical leadership and effective management.</li> </ul>			
EQ2: a. b. EQ3: a.	Students will be able to demonstrate the critical thinking skills required to manage a restaurant.  Students will understand how motivation can help employees work harder and achieve particular goals.  Students will understand that successful teams respect each other's opinions and find ways to work together to achieve positive results.	<ul> <li>d. CRP.K-12.CRP1 - Act as a responsible and contributing citizen and employee.</li> <li>e. CRP.K-12.CRP4 - Communicate clearly and effectively and with reason.</li> <li>f. CRP.K-12.CRP10 - Plan education and career paths aligned to personal goals.</li> <li>EQ1:</li> <li>a. CAEP.9.2.12.C1 - Review career goals and determine the steps necessary for attainment.</li> <li>b. SOC.K-12.6.4.A.1 - Many cultural traditions and heritages contribute to our state's and nation's diversity.</li> </ul>			
EQ4: a. b. EQ5: a. b.	Students will understand how effective training is essential to the productive functioning of an operation/organization.  Students will demonstrate skills at different positions in the kitchen, including manager, front of the house and back of the house operations.  Students will create a menu for a themed food truck of their choice. Investigate and discuss menu layout and menu design.	EQ2, EQ 4, & EQ5:  a. MA.7.RP.A Analyze proportional relationships and use them to solve realworld and mathematical problems.			

	In-class Activities/Assignments	Minor Reflection	Summative Reflection Assessment
		Assessments	
Studen EQ1: a. b. c. EQ2: a. b. EQ3: a. b. EQ4: a. b.	feedback and motivation.  Throughout the unit, students will demonstrate teamwork skills as they work together to accomplish the tasks required to manage a mock-restaurant.  Students will create a training manual to include training requirements for each of the positions required to run a restaurant.	<ol> <li>Culinary Journal</li> <li>Teacher Observation</li> <li>Class Participation</li> <li>Lab Evaluations</li> <li>Exit Slips</li> <li>Open-ended questions and class Discussions</li> </ol>	<ol> <li>Culminating project: Mock-restaurant management.</li> <li>Food Truck Project</li> </ol>

# Course: Culinary Arts and Hospitality Careers Unit 6: Food and Culture/Desserts and Baked Goods

	Essential Questions		Enduring Understandings
EQ1:	What are the cultural influences of countries around the world?	EQ1:	There are many varieties of regional and international cuisine around the
b. c.	What flavor profiles match each other or are similar? What is cultural cuisine?	b.	world, and they get their influence from the people who live there.  Every culture creates unique food preparation methods to fulfill their culture and some are similar and others are far different.
EQ2: a. b.	When baking, what does each ingredient do for the dish? What are the primary percentages needed for proper baking?	c.	A cuisine is a specific set of cooking traditions and practices, often associated with a specific culture or region.
c.	Why are there different mixing methods?	EQ2:	
EQ3: a. b. c. d.	How should desserts be plated and presented? How is science tied into baking? What are leaveners? How can baked goods be healthy?	b.	Each ingredient has a specific purpose to create the dish.  Baking requires a specific ratio of ingredients in order for the product to rise properly and obtain the optimal texture. Cooking is less dependent on a specific formula and allows the chef to creatively use a variety of ingredients. Different mixing methods affect product results.
		b. c. d.	Presentation of food can mean everything to the customer and should be done with care and understanding of that.  Mastering baked goods such as breads and cookies require a thorough understanding of science coupled with much practice of technique.  Leavening agents produce chemical changes in a baked product that results in a physical change.  Baked goods can fit into a healthy eating plan when produced with healthy ingredients.

	Unit 6 - Skills			
	Learning Target	NJSLS		
EQ1:		EQ1, EQ2, EQ3:		
a.	Students will be able to reflect on the influences of countries around the world on the types of food served in our country.	<ul> <li>LA.RST.11-12.3 - Follow precisely a complex multistep procedure when carryin out experiments, taking measurements, or performing technical tasks; analyze</li> </ul>		
b.	,	the specific results based on explanations in the text.		
	ingredients from ethnic foods and "American food".	b. LA.WHST.11-12.4 - Produce clear and coherent writing in which the		
C.	Students will understand that food culture is the tradition related to food whereas cuisine is a characteristic style of preparing food.	development, organization, and style are appropriate to task, purpose, and audience.		
EQ2:		c. TECH.8.1.12.C.CS1 - Interact, collaborate, and publish with peers, experts, or		
	Students will know basic ingredients used in baking, the different mixing	others by employing a variety of digital environments and media.		
EQ3:	methods as well as the basic percentages for a successful end product.	<ul> <li>SOC.K-12.6.4.A.1 - Many cultural traditions and heritages contribute to our state's and nation's diversity.</li> </ul>		
a.	Throughout the unit, students will apply their knowledge of baked good ingredients and preparation techniques to prepare, modify, and present	e. CRP.K-12.CRP12 - Work productively in teams while using cultural global competence.		
	their baked goods.	EQ2 & EQ3:		
		<ul> <li>a. MA.7.RP.A.2 - Recognize and represent proportional relationships between quantities.</li> </ul>		

In-class Activities/Assignments	Minor Reflection	Summative Reflection	
	Assessments	Assessment	
Students will engage in the following Activities to explore content as it relates	Culinary Journal	Students will participate in a "cooking	
EQ1:	2. Teacher observation	show style", cake baking competition.	
a. Restaurant Critic: Students will research an ethnic restaurant menu. Each	3. Class Participation	2. Students will demonstrate their	
kitchen will prepare an ethnic dish to be tasted. Each kitchen must write	4. Open-Ended Questions and	knowledge of all units by developing and	
an article to describe the physical qualities than a description of the food	Discussions	preparing a recipe for an appetizer, main	
in terms of the senses.	5. Exit Slips	course and dessert.	
EQ2 & EQ3:			
a. Students will experiment with various leavening agents to determine			
appropriate use for certain circumstances.			

b.	Weekly labs including: Quick breads, yeast breads, cakes, pies, choux	
	pastry, cookies.	
c.	In groups, students will create a proposal for a new baked food item.	
	Items to be included: recipe; sales pitch; marketing materials; a prepared	
	example to be submitted for the cooking show style competition.	
d.	Students will investigate healthy modifications to a favorite recipe, use	
	technology to display the new recipe ingredients and steps, produce the	
	recipe and add a picture to the recipe.	

#### **NEW JERSEY CAREER & TECHNICAL EDUCATION (CTE) STANDARDS:**

#### **New Jersey CTE Standards**

This standard outlines what students should know and be able to do upon completion of a CTE Program of Study.

#### **NEW JERSEY STUDENT LEARNING STANDARDS (NJSLS):**

#### **The 12 Career Ready Practices**

These practices outline the skills that all individuals need to have to truly be adaptable, reflective, and proactive in life and careers. These are researched practices that are essential to career readiness.

#### 21st Century Life and Careers - Career Awareness, Exploration, and Preparation

This standard outlines the importance of being knowledgeable about one's interests and talents, and being well-informed about post-secondary and career options, career planning, and career requirements.

#### **Comprehensive Health and Physical Education**

The primary focus of the standards is on the development of knowledge and skills that influence life-long healthy behaviors within the context of self, family, school and the local and global communities.

#### **English Language Arts Companion Standards**

The New Jersey Student Learning Standards for English Language Arts (ELA) build on the best of existing standards and reflect the skills and knowledge students need to succeed in college, career, and life.

#### **Mathematics**

The principles for school mathematics address the overarching themes of equity, curriculum, teaching, learning, assessment and technology. (NCTM, 2000).

#### **Social Studies**

Social studies education provides learners with the knowledge, skills, and perspectives needed to become active, informed citizens and contributing members of local, state, national, and global communities in the digital age.

#### **Technology**

"Advances in technology have drastically changed the way we interact with the world and each other. The digital age requires that we understand and are able to harness the power of technology to live and learn". - International Society for Technology in Education.

## NJSLS - 21ST CENTURY LIFE AND CAREERS HOSPITALITY & TOURISM CAREER CLUSTER

#### Standards (HOSP.9-12)

**HOSP.9-12.9.4.12.I(1).8** – Demonstrate knowledge of safety and sanitation procedures used in this industry and apply these procedures to maintain safe environments.

**HOSP.9-12.9.4.12.I.(1).10** – Research and compare career opportunities and qualifications to broaden awareness of careers available in the industry.

**HOSP.9-12.9.4.12.1.11** – Evaluate and use information resources to accomplish specific occupational tasks.

**HOSP.9-12.9.4.12.I.35** – Describe the nature and types of business organizations to build an understanding of the scope of organizations.

**HOSP.9-12.9.4.12.I.38** – Identify and compare services and products from related industries to understand how they affect hospitality and tourism products and services.

## NJSLS - 21ST CENTURY LIFE AND CAREERS THE 12 CAREER READY PRACTICES

#### Standards (CRP.K-12.CRP)

**CRP.K-12.CRP1**: Act as a responsible and contributing citizen and employee.

**CRP.K-12.CRP2:** Apply appropriate academic and technical skills.

**CRP.K-12.CRP4:** Communicate clearly and effectively and with reason.

**CRP.K-12.CRP8:** Utilize critical thinking to make sense of problems and persevere in solving them.

**CRP.K-12.CRP9:** Model integrity, ethical leadership and effective management.

CRP.K-12.CRP10: Plan education and career paths aligned to personal goals.

**CRP.K-12.CRP11:** Use technology to enhance productivity.

CRP.K-12.CRP12: Work productively in teams while using cultural global competence.

## NJSLS - 21ST CENTURY LIFE AND CAREERS CAREER AWARENESS, EXPLORATION, AND PREPARATION

#### Standards (CAEP.9.2.12.C)

CAEP.9.2.12.C1: Review career goals and determine the steps necessary for attainment.

**CAEP.9.2.12.C3**: Identify transferable career skills and design alternate career plans.

**CAEP.9.2.12.C7**: Examine the professional, legal, and ethical responsibilities for both employers and employees in the global workplace.

#### NJSLS - COMPREHENSIVE HEALTH AND PHYSICAL EDUCATION

Safety (HPE.2.1.12.D.1) All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.

**HPE.2.1.12.D.1** - [Cumulative Progress Indicator] - Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.

Interpersonal Communication (HPE.2.2.12.A) All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

**HPE.2.2.12.A.1** - [*Cumulative Progress Indicator*] - Employ skills for communicating with family, peers, and people from other backgrounds and cultures that may impact the health of oneself and others.

**HPE.2.2.12.A.CS2** - [Content Statement] - Effective communication is the basis for strengthening interpersonal interactions and relationships and resolving conflicts.

HPE.2.2.12.A.2 - [Cumulative Progress Indicator] - Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts.

#### **NJSLS - ENGLISH LANGUAGE ARTS COMPANION STANDARDS**

Writing History, Science and Technical Subjects (WHST.11-12.4) Production and Distribution of Writing

**LA.WHST.11-12.4** - [*Progress Indicator*] - Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Reading Science and Technical Subjects (LA.RST.11-12) Key Ideas and Details

**LA.RST.11-12.3** - [*Progress Indicator*] - Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks; analyze the specific results based on explanations in the text.

**LA.RST.11-12.4** - [*Progress Indicator*] - Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 11-12 texts and topics..

#### **NJSLS - MATHEMATICS**

#### Ratios and Proportions (MA.7.RP)

**MA.7.RP.A.1** - [Standard] - Compute unit rates associated with ratios of fractions, including ratios of lengths, areas and other quantities measured in like or different units.

MA.7.RP.A-2 - [Standard] - Recognize and represent proportional relationships between quantities.

#### The Number System (MA.7.NS)

MA.7.NS.A - [Standard] - Apply and extend previous understandings of operations with fractions to add, subtract, multiply, and divide rational numbers.

#### **NJSLS - SOCIAL STUDIES**

All students will acquire the knowledge and skills to think analytically about how past and present interactions of people, cultures, and the environment shape the American heritage. Such knowledge and skills enable students to make informed decisions that reflect fundamental rights and core democratic values as productive citizens in local, national, and global communities (SOC.6.1.12.D) - History, Culture, and Perspectives.

**SOC.6.1.12.D.14.f** - [Cumulative Progress Indicator] - Determine the influence of multicultural beliefs, products (i.e., art, food, music, and literature), and practices in shaping contemporary American culture.

All students will demonstrate knowledge of United States and New Jersey history in order to understand life and events in the past and how they relate to the present and future (SOC.K-12.6.4) - Family and Community Life.

**SOC.K-12.6.4.A.1** - [Enduring Understanding] - Many cultural traditions and heritages contribute to our state's and nation's diversity.

#### **NJSLS - TECHNOLOGY**

## Students use digital media and environments to communicate and work collaboratively, including at a distance, to support individual learning and contribute to the learning of others. (TECH.8.1.12.C)

**TECH.8.1.12.C.CS1:** [Content Statement] - Interact, collaborate, and publish with peers, experts, or others by employing a variety of digital environments and media.

**TECH.8.1.12.C.CS4:** [Content Statement] - Contribute to project teams to produce original works or solve problems.

#### Students apply digital tools to gather, evaluate, and use information. (TECH.8.1.12.E)

**TECH.8.1.12.E.CS1** - [Content Statement] - Plan strategies to guide inquiry.

**TECH.8.1.12.E.CS2** - [Content Statement] - Locate, organize, analyze, evaluate, synthesize, and ethically use information from a variety of sources and media.

**TECH.8.1.12.E.CS3** - [Content Statement] - Evaluate and select information sources and digital tools based on the appropriateness for specific tasks.

**TECH.8.1.12.E.1** - [Cumulative Progress Indicator] - Produce a position statement about a real world problem by developing a systematic plan of investigation with peers and experts synthesizing information from multiple sources